

Day 3  
Commitment #3

## God deals gently with me

**"He is able to deal gently with those who are ignorant and are going astray."**

**Hebrews 5:2**

What is God going to do with us?

We know what we should do, but we don't do it. Paul put it bluntly, "I am not practicing what I would like to do, but I am doing the very thing I hate." (Romans 7:15) We know the right road. We stray from it anyway.

What's wrong with us? Do we need to be yelled at? Scolded? Punished?

Jesus, while traveling through a village, shed light on our problem and His solution. "Seeing the people, He felt compassion for them, because they were distressed and dispirited, like sheep without a shepherd." (Matthew 9:36))

We are like sheep. *This is our problem.*

We need a shepherd. *This is His solution.*

Sheep require a great deal of care. They need a shepherd because they cannot successfully fend for themselves. To be "ignorant" and "going astray" is the inescapable cause and effect of being a sheep without a shepherd.

*We need to be dealt with gently.*

第三天  
第三约

## 上帝温和地对待我

**"他能够温和地对待那些无知和迷误的人。"**

希伯来书 5: 2

上帝如何对待我们呢？

我们知道该如何行，却又行不出来。保罗直言不讳，“我所愿意的，我并不作；我所恨恶的，我倒去作。”（罗马书 7: 15）我们知道正路在哪里，却还是要步入歧途。

我们这是怎么啦？我们是不是该挨骂？受指责？被惩罚？

耶稣在村落里穿行时，光照我们的困苦，并提供救助。“他看见许多的人就怜悯他们，因为他们困苦流离，如同羊没有牧人一般。”（马太福音 9: 36）

我们如同羊一般。*这就是我们的困苦。*

我们需要牧羊人。*这就是他的救助。*

羊是很需要看顾的。他们需要牧羊人，是因为无法自我保护。羊若没有牧羊人，原本“无知”和“迷误”的他们就更是浑浑噩噩。

*我们需要得到温和地对待。*

Spiritual influence, as God designed it, is to be gentle, not harsh. Those who represent God, be it high priest, minister, parent, mentor or friend, are able to be gentle because they understand the challenges of harboring an immortal spirit within a mortal body. *Jesus understands this.*

*God the Father sent His Son, Jesus Christ, to inhabit a mortal body so that He would understand.*

*He is what we need. He is a shepherd.*

*He provides what we need. He deals with us gently.*

圣灵的影响力，正如上帝所设计的那样，是温柔，而非强硬的。那些代表上帝的人，如大祭司，牧师，父母，导师或朋友，可以温柔相待，是因为他们理解，一个永恒的灵魂住在一个必死的身体内所带来的挑战。*耶稣理解这一点。*

*天父上帝派他的儿子，耶稣基督，来住在必死的身体里，就是为了理解我们的挣扎。*

*他是我们所需要的。他是牧羊人。*

*他供给我们所需要的。他温和地对待我们。*

