

Day 1  
Commitment #1  
**God sees me**

**"Nothing in all creation is hidden from God's sight."  
Hebrews 4:13**

In the book *Knowing God*, J.I. Packer reminds us that "God's love to me is utterly realistic, based at every point on prior knowledge of the worst about me, so that no discovery now can disillusion Him about me, in the way I am so often disillusioned about myself, and quench His determination to bless me."

*Simply stated this means that God can never be "disillusioned" about you because He is never "illusioned" about you in the first place.*

God sees you.

After acting in an inappropriate way you may have heard someone say, "I'm surprised at you!" That person was disillusioned because they were under the illusion that you would never do something like that. It is natural to turn this against ourselves. We look at ourselves and shake our heads in frustration and surprise. We imagine that God feels the same way.

Perhaps you imagine that God looks at you and says, "I'm surprised at you!" You imagine God shaking His head in frustration.

*God is not frustrated with you.*

*God is not disillusioned with you.*

*God sees you.*

*God sees you fully and yet loves you deeply.*

第一天  
第一约

上帝看透我的一切

**"并且被造的没有一样在他面前不显然的。"**

**希伯来书 4: 13**

在“认识上帝” (Knowing God) 这本书中, J. I. Packer 提醒我们, “上帝对我的爱是再现实不过的。这每一毫分的爱, 都基于他早已对我的一切罪恶了如指掌, 所以没有任何新的发现会使他对我的幻想破灭, 不再施恩于我; 反倒是我, 总是对自己大失所望。”

*简而言之, 上帝永远不会对你“幻想破灭”, 因为他无需对你抱有“幻想”。*

上帝看透你的一切。

若你有不合宜的行为, 有人会说: “你太让我吃惊了!” 那个人惊讶, 是因为他对你抱有幻想, 认为你从来不会做那样的事。出于本性, 我们都会如此对立地看待自己, 在挫败和惊异中否定自我, 并误以为上帝也有同感。

也许你想象上帝会对你说: “你太让我吃惊了!”, 想象他摇着头对你很失望的样子。

*上帝不会对你感到失望。*

*上帝无需对你抱有幻想。*

*上帝看透你的一切。*

*上帝完全看透你, 却依然深深地爱着你。*