

## The Ten Commitments

### #1-God sees me

*"For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. **Nothing in all creation is hidden from God's sight.** Everything is uncovered and laid bare before the eyes of him to whom we must give account."* Hebrews 4:12-13

### #2-God sympathizes with me

*"**For we do not have a high priest who is unable to sympathize with our weaknesses,** but we have one who has been tempted in every way, just as we are – yet was without sin."* Hebrews 4:15

### #3-God deals gently with me

*"Every high priest is selected from among men and is appointed to represent them in matters related to God, to offer gifts and sacrifices for sins. **He is able to deal gently with those who are ignorant and are going astray.**"* Hebrews 5:1-2

### #4-God loves me

*"**Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.**"* Hebrews 4:16

### #5-God changes me

*"**I will put my laws in their minds and write them on their hearts.**"* Hebrews 8:10  
Jeremiah 31:33

### #6-God chooses me

*"**They will be my people, and I will be their God.** I will give them singleness of heart and action, so that they will always fear me for their own good and the good of their children after them."* Jeremiah 32:38-39

### #7-God is ahead of me

*"**I will make an everlasting covenant with them: I will never stop doing good to them,** and I will inspire them to fear me, so that they will never turn away from me. I will rejoice in doing them good"* Jeremiah 32:40-41

### #8-God is guaranteed to me

*"**I will forgive their wickedness and will remember their sins no more.**"*

Hebrews 8:12  
Jeremiah 31:34

### #9-God gives me the power to persevere

*"**He gives strength to the weary and increases the power of the weak.** Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."* Isaiah 40:29-31

**#10-God gives me the power to be content**

***"I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength."***

Philippians 4:12-13